

# Women on the road to success

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Is an **interactive training program especially for women**, to prepare you specifically for individual management tasks in the professional, social and private sphere.

- You are planning your next career step and are aiming for a management position.
- You want to get started and develop further.
- You reorient yourself professionally.

Is it important to you to achieve your personal goals? Take the lead - with power, assertiveness and an appropriate appearance.

**Look forward to** lots of practical exercises to join in, try out, with open feedback and lots of fun!

The seminar has a modular structure and conveys the basics for the most important skills and knowledge for **"Women on the road to success "**.

## That means for you

- You acquire negotiation skills for work and other opportunities.
- You develop leadership qualities.
- You will learn about business etiquette.
- Get to know your goals, values, visions.
- You learn to assert yourself better.
- Contribute efficiently to a good solution for both sides in conflict situations.
- You will behave confidently.

## You learn

- Behavioral and communication styles and
- know an effective team composition.

## You try

- Presentation techniques
- Giving impromptu speeches
- Successful networking

**Interactivity** The content is conveyed through practical exercises. These include prepared 5-minute presentations, impromptu speeches, role-playing and much more.

**Diploma** Certificate of Participation

**Trainer** Dipl. Psych. Antonette T. Hillbrandt

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If you want to know more, look at my homepage [www.hillbrandt-interkulturell.de](http://www.hillbrandt-interkulturell.de)